

Suncrest Café January-May 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
RED	Blueberry Crumb Cake Fruit and Milk Chicken Nuggets Mashed Potatoes Green Beans	Cereal Fruit and Milk Birthday Pancakes Sausage Links Tri-Taters 100% Fruit Juice	Breakfast Bagel Fruit and Milk Tasty Taco Scoops Lettuce, Cheese, Salsa Refried Beans	Breakfast Bar Fruit and Milk Hamburger or Cheeseburger/Bun Fries Broccoli w/Cheese	Mini-French Toast Fruit and Milk 5" Round Cheese Pizza Romaine Salad Corn	<p>What Makes a Breakfast? Entrée Choice Fruit and Milk</p> <p>Student Breakfast and Lunch FREE FREE Reduced Breakfast and Lunch FREE FREE Adult Breakfast and Lunch \$2.25 \$3.25 Extra Milk \$0.40 \$0.40</p> <p>What Makes a Lunch? Protein, Vegetable, Fruit, Grain, Milk Select 3 or More Components</p> <p>Pay for student meals online at: www.myschoolbucks.com</p> <p>Apply Online You can apply for free and reduced benefits online at: www.myschoolapps.com</p> <p>Visit our website for nutritional information and many other helpful resources. Visit www.frankfortschools.org Click Support Services, Food Service</p> <p>Community Schools of Frankfort Wellness Committee contact Diane Stiening at 659-6230 or stiening@frankfort.k12.in.us</p> <p>Food Service Department is seeking cafeteria workers call 765-659-6230 for more information.</p>
BLUE	Campfire S'more Bar Fruit and Milk Hot Dog/Bun Fries Baked Beans Frozen Fruit Cup	Sausage Pancake Wrap Fruit and Milk Beef Nachos w/Chips Romaine Salad Salsa 100% Fruit Juice	Muffin Fruit and Milk Country Fried Steak Mashed Potatoes/Gravy Savory Green Beans	Breakfast Round Fruit and Milk Chicken Smackers/Orange Sauce Steamed Rice Steamed Broccoli	Mini Cinnis Fruit and Milk Pull Apart Pizza Romaine Salad Corn	
PURPLE	Chocolate Chip Crumb Cake Fruit and Milk Crispy Chicken Tenders/Bread Mashed Potatoes Green Beans	Sausage Gravy Pizza Fruit and Milk 4x6 Pizza Romaine Salad Corn	Mini Blueberry Waffles Fruit and Milk Dorito Taco Lettuce, Cheese, Salsa Spanish Rice	Apple Cinnamon Bread Fruit and Milk Chicken Smackers Macaroni & Cheese California Blend	Mini Strawberry Bagel Fruit and Milk Hamburger or Cheeseburger/Bun French Fries Baked Beans	
GREEN	Cereal Bar Fruit and Milk Chicken Patty/Bun Au Gratin Potatoes Mixed Vegetable	Snacken Waffle Fruit and Milk Pepperoni Calzone Romaine Salad Corn Cookie	Cinnamon Crunch Bar Fruit and Milk Pasta w/Meat Sauce Breadstick Romaine Salad 100% Fruit Juice	Banana Bread Fruit and Milk Baked Chicken Drumstick/Roll Mashed Potatoes Green Beans	French Toast Sticks Fruit and Milk Corn Dog Potato Smiles Baked Beans	
DAILY OPTIONS						
	Uncrustable/Cheese Stick Assorted Fruit and Veggies Assorted Milk	Yogurt/Cheese Stick Assorted Fruit and Veggies Assorted Milk	Uncrustable/Cheese Stick Assorted Fruit and Veggies Assorted Milk	Yogurt/Cheese Stick Assorted Fruit and Veggies Assorted Milk	Uncrustable/Cheese Stick Assorted Fruit and Veggies Assorted Milk	

	January					February					March					April					May									
	M	T	W	T	F		M	T	W	T	F		M	T	W	T	F		M	T	W	T	F		M	T	W	T	F	
					NS	Red	1	2	3	4	5	Red	1	2	3	4	5	Red					1	2	Blue	3	4	5	6	7
Red	4	5	6	7	8	Blue	8	9	10	11	12	Blue	8	9	10	11	12	Blue	5	6	7	8	9	Purple	10	11	12	13	14	
Blue	11	12	13	14	15	Purple	NS	16	17	18	19	Purple	15	16	17	18	NS	Purple	12	13	14	15	16	Green	17	18	19	20	21	
Purple	NS	19	20	21	22	Green	22	23	24	25	26	Green	NS	NS	NS	NS	NS	Green	19	20	21	22	23	Red	24	25	NS	NS	NS	
Green	25	26	27	28	29							Red	29	30	31			Red	26	27	28	29	30							

NS - No School *School Holidays are potential weather make up days.

This institution is an equal opportunity provider.

Menus are subject to change